



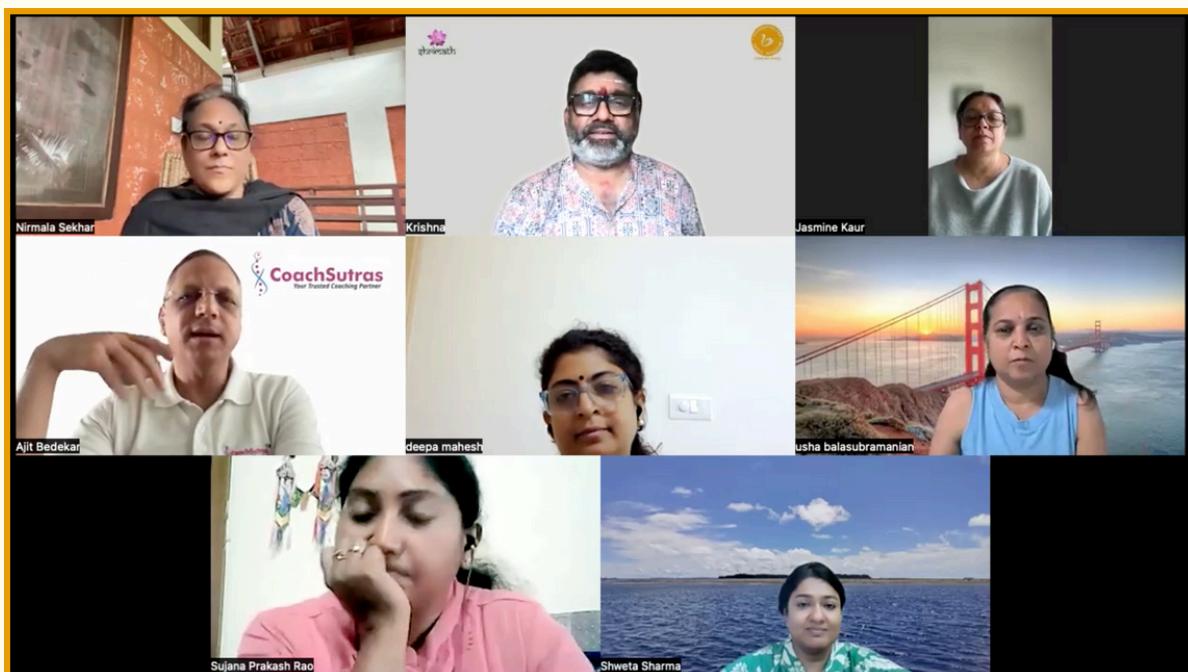
World's first program Integrating Coaching Competencies with Indic Wisdom

Approved by International Coaching Federation

Program Overview

Welcome to the **World's 1st program that maps all the 8 ICF Coaching Competencies with principles and processes from Yoga-Vedanta** i.e., an integral part of Indic Wisdom, **approved by the International Coaching Federation in April 2024.**

As the world is gradually recognising that conversations approached with a Coaching mindset yield more than desired outcomes, scores of Leaders, Entrepreneurs, Professors, Wellness Professionals and Researchers undertake with us along well established ICF and non-ICF Coaches.



Coaching Competencies with Indic Wisdom Batch 7



During the course, I understood why Indic wisdom is imparted as experiential learning through the **Guru-Shishya tradition**.

Preethi Subramanian 
 Cyber Risk Leadership Coach & Facilitator

If you

1 are a Coach wanting to **integrate** principles and processes from **Indic Wisdom**.

2 are pursuing ICF MCC / PCC / ACC on **portfolio path** to accumulate CCEUs.

3 are an ICF accredited Coach in the process of **renewing credentials**.

4 are a non-ICF Coach who wants to learn how **Coaching** can be **deeper** with Indic Wisdom

5 are an entrepreneur / CXO / Senior Leader who wants to **ace crucial conversations**.

then this program is for you...

Program Highlights



1 Experienced Facilitator

Krishna has **2+ decades** of experience working with **Coaches, Leaders & Entrepreneurs** from **47 countries**.

2 Integrated Approach

Seamless blend of modern **Coaching Competencies** with ever relevant **Indic Wisdom**.

3 Internalize, not Memorize

Gain **Deeper Understanding** to internalize concepts through time tested and scientifically proven practices

4 Supportive Cohort

Connect and **Learn** from a community of like-minded participants in a maximum batch size of **10**.

5 Repeat to reinforce understanding

We highly recommend you to take part in a subsequent batch for **FREE** as it fosters more clarity in concepts and practices.

ICF CCEUs - 20 Hours (CCE - 17 Hours | RD - 3 Hours)

What our alumni say...



Over time, I've come to realize that many modern Western frameworks are reflections of knowledge that our learned ancestors in India had discovered centuries ago.

Shanti Sharma [in](#)

ICF - PCC | EMCC Sr. Practitioner | Mentor Coach



As a coach, my biggest takeaway is **understanding the Dharma of a coach**, not to be a protector or rescuer, but to hold space with empathy and curiosity.

Kanwal Pal (KP) Singh [in](#)

Coach (ICF ACC), Facilitator & Sustainability Specialist



I highly **recommend** this program to Coaches who want to integrate coaching competencies with ancient Indian wisdom to deepen their Coaching and be able to **Coach effortlessly**.

Suneeta Lawrence [in](#)

ICF - PCC | Leadership Coach | Career Transition Coach



The kind of work I am doing is mostly related to spirituality and I was introduced into Coaching. Without Krishna's program, I would've never seen the **spiritual aspect of it**.

Pravin Gambhir [in](#)

Founder, Swayam Connect | Pursuing ICF ACC



Understanding Coaching Competencies through Indic Wisdom felt like home-coming. As a vintage practitioner & teacher of Yoga, Krishna introduces us to some good and effective ancient practices that help in the **holistic development of the coach**.

Sreedevi Raghavan [in](#)

Board of Governors (IIM K) | Coach | Coach Educator

Our alumni



Chanchal Badsiwal



Leenna Jayachaandran



Sapna Karim



Priya V Singh



Vamshi Patwari



Bhavana Rajesh



Uppili S Rajagopalan



Lakshmi Sivaraman



Shivani Mansingh



Deepa Mahesh



Rajashree Anand



Nishma Kapoor



Hina Desai



Venkateswaran Subramanian



Harish Narayan



Poonam Ojha



Ajit Bedekar



Rashi Jain



Aishwarya Balaji



Anakha Rose Thomas



Vivek Sundaram



Dr Sangeetha Rajah



Sanjukta Ghosh



Jasmine Kaur



Shweta Sharma



Sujana Prakash Rao



Nirmala Sekhar



Srihari Balasubramaniam



A glimpse from the residential cohort (2025)

Your Facilitator



Krishna Prakash

Krishna Prakash – Journey in Indic Wisdom

Krishna's journey into Indic Wisdom began in 1997 under Master Sri (IIT-Madras alumnus, 1975–80) at Sringeri Mutt's management institute, where he learned to integrate business with Indian Shastras.

From 2000, he immersed himself in Master Sri's teachings on the Bhagavad Gita, Yoga Sutras, Lalitha Sahasranama, and select Upanishads, later serving as official scribe (2004–2009) for workshops on Enlightened Leadership, Enlightened Women, and Spiritual Awakening.

A dharma-sankata over a million-rupee billing decision in 2004 led him to close his HR placement venture, choosing Dharma over profit. This turning point, along with leadership roles at BNI, seeded his programs on Leadership, Life, and Living rooted in Indic Wisdom.

Between 2004 and 2010, Krishna worked with world-class sportspersons, musicians, and corporate leaders at Shreyas Retreat, shaping his Indic Wisdom-based coaching system. A transformative stay at the Bihar School of Yoga in 2009, where he received blessings from Swami Satyananda, gave rise to Shrimath Yoga Nidra.

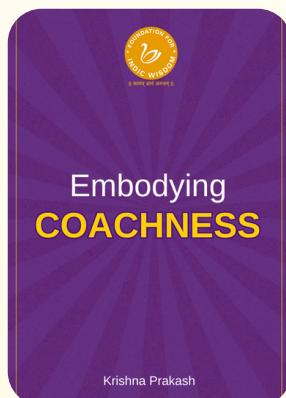
Leaving corporate life at 35, Krishna has since trusted the Divine and served as an instrument for seekers in 48 countries.

Guided since 2022 by Master Presh, he remains anchored in Yoga-Vedanta at Shrimath campus.

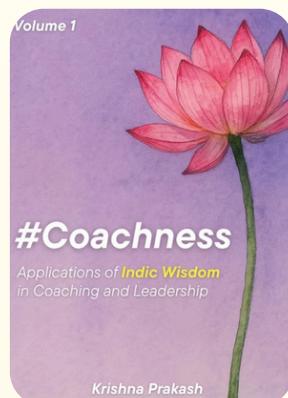
A selection from podcasts

- [Who is listening?](#) - Global Cherish Coaching Festival (co-hosted by ICF South Africa & ICF New Delhi)
- [What prevents us being mindful?](#) - A talk hosted by XMonks founder [Gaurav Arora](#) ICF MCC
- [An outline of the 18 sources of knowledge in Indic Knowledge System](#) - Hosted by [Shivani Mansingh](#) ICF PCC for Coaching Journey

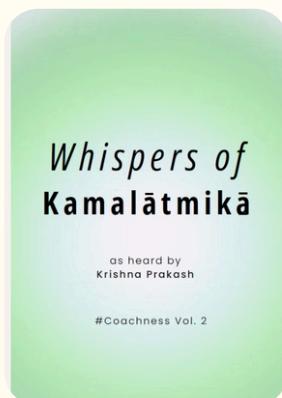
Books



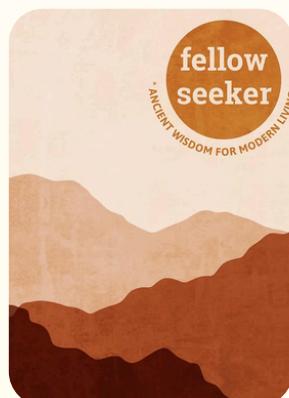
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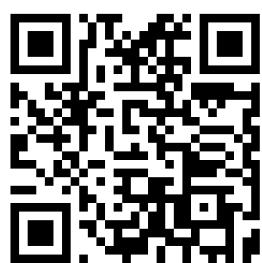
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